\* LOCALLY SOURCED \*

WINGS FISH OF ST MAWES Based in St Austell WEST COUNTRY FRUIT AND VEG Based in St Austell

HOOF TO BLOCK Based in Bradworthy





## SPA PACKAGE MENU

## **\* STARTERS \***

**CORNISH BEETROOT CURED SALMON** <sup>GFO</sup> Dill and horseradish crème fraiche, pickled fennel

BANG BANG CAULIFLOWER VGO Rocket, coriander yoghurt HONEY AND MUSTARD GLAZED BEEF SHORT RIB GF

Celeriac remoulade, watercress

\* MAINS \* CHICKEN, MUSHROOM AND TRUFFLE TAGLIATELLE

> DUKKHA-CRUSTED SQUASH VG Rocket, pomegranate, sage

STONE BASS <sup>GF</sup> Smokey chorizo and potato chowder, samphire, kale

## \* DESSERTS \*

TRIPLE CHOCOLATE BROWNIE GF

Salted caramel ice cream

**BLACKBERRY CHEESECAKE** 

Berry compote

LEMON POSSET GF

Meringue, raspberries

VG VEGAN V VEGETARIAN GF GLUTEN FREE GFO GLUTEN FREE OPTION

Allergy Information: Some of our foods may contain nuts and other allergens. If you have any special dietary requirements, please speak to a member of our restaurant team who can advise you on your choice.

We CANNOT guarantee that any product is '100% FREE FROM' any allergen because of the risk of unexpected cross-contamination.